



Helping Grow Talent Locally

FIRST Washington's
Progression of Programs
2019-2020

**FIRST
LEGO
LEAGUE JR.**

**FIRST
LEGO
LEAGUE**

**FIRST
TECH
CHALLENGE**

**FIRST
ROBOTICS
COMPETITION**

Video Link:

<https://www.youtube.com/watch?v=GpGhBV8SyGw&t=100s>

FIRST[®] Washington is...

...the No. 1 youth-serving non-profit in Washington State advancing STEM education outcomes and the development of 21st century skills.

**FIRST[®]
LEGO[®]
LEAGUE JR.**

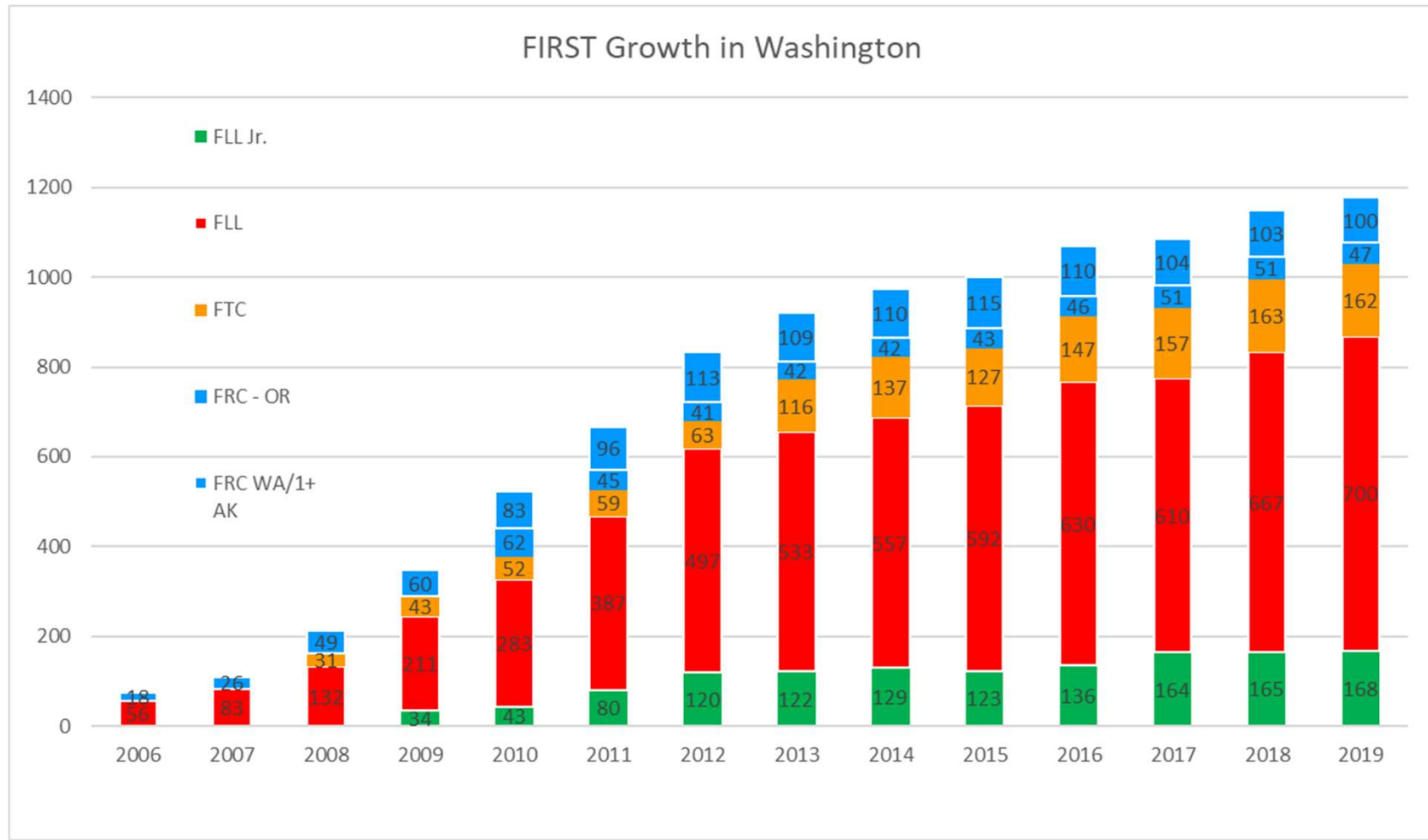
**FIRST[®]
LEGO[®]
LEAGUE**

**FIRST[®]
TECH
CHALLENGE**

**FIRST[®]
ROBOTICS
COMPETITION**



Incredibly Popular with Kids!



FIRST Washington is 1,177 teams...

...growing our state reach both in class and afterschool.

2019-2020 Numbers at a Glance

15,828 students in
**135 school districts and
35 counties**

5,500

Mentor/coach roles for
teams and competition
volunteer roles

558K+

volunteer hours
serving Washington State
youth

~\$80M

scholarship opportunities
nationally from nearly **200**
providers

125

Competitions & events
annually

40

FIRST Washington teams
compete annually at *FIRST*
Championships



FIRST Washington's Vision

Bring ***FIRST*** Programs to every community and school in Washington State.



FIRST Washington's Strategic Plan to serve students and the community

- **Mission:** FIRST Washington inspires all young people to be science and technology leaders by engaging them in exciting mentor-based programs that build science, engineering, and technology skills, that inspire innovation, and that foster well-rounded life capabilities including self-confidence, communication, and leadership
- **Vision:** For every school across Washington to have a *FIRST* team
FIRST's short-term vision is to serve 22,000 youth by 2022, to train another 300 elementary and middle school teachers in underserved areas across the state, and to equip 300 underserved classrooms with equipment to succeed.

Strategic Initiatives	Expand Participation	Increase Diversity	Scale Efficiently	Ensure Sustainability	Achieve Broad Recognition
	<p>Help K-12 school teachers gain the skills and confidence to teach students STEM/CS through the combination of:</p> <ul style="list-style-type: none"> • Professional Development • Free and customizable OSPI- approved curriculum • Increase number of school based and community based teams 	<p>Foster a community that embraces the philosophy of "Exposure is Everything". Bringing FIRST programs to:</p> <ul style="list-style-type: none"> • Rural and non-traditional background communities • Encourage teams to be reflective of their community • Facilitate Diversity, Equity and Inclusion workshops 	<p>Reach more students via strategic partnership and self-serve models:</p> <ul style="list-style-type: none"> • Strengthening FIRST Washington's 10 regions through work with the 9 ESD's, local school districts, Washington STEM and industry. • Increase mentor opportunities for industry 	<ul style="list-style-type: none"> • Raise the financial resources through private and public entities • Recruit and steward adults and FIRST alumni as coaches/mentors and event volunteers • Train adult volunteers across FIRST Washington regions to run competitions and events 	<p>Enhance marketing efforts to build case for support in growing/sustaining FIRST programs in diverse communities by:</p> <ul style="list-style-type: none"> • Increase advocacy work in Olympia for funding and classroom hours dedicated to STEM/CS • Bring additional funding and mentor resources to rural teams

FIRST Progression of Programs

FIRST LEGO LEAGUE JR.

Ages 6-10

Teams of up to 6 young children build interest in science with a real-world challenge solved by guided research and imagination.

FIRST LEGO LEAGUE

Ages 9-14

Teams of up to 10 children build LEGO®-based robots and develop research projects based on a real-world scientific challenge.

FIRST TECH CHALLENGE

Ages 12-18

Teams of up to 15 students develop strategy, design and build sophisticated robots using a modular kit-of-parts, then compete head to head.

FIRST ROBOTICS COMPETITION

Ages 14-18

Teams of ~25 students compete in this “Varsity *Sport for the Mind*,™” combining the excitement of sports with the rigors of science and technology.

2019-2020 Season Themes

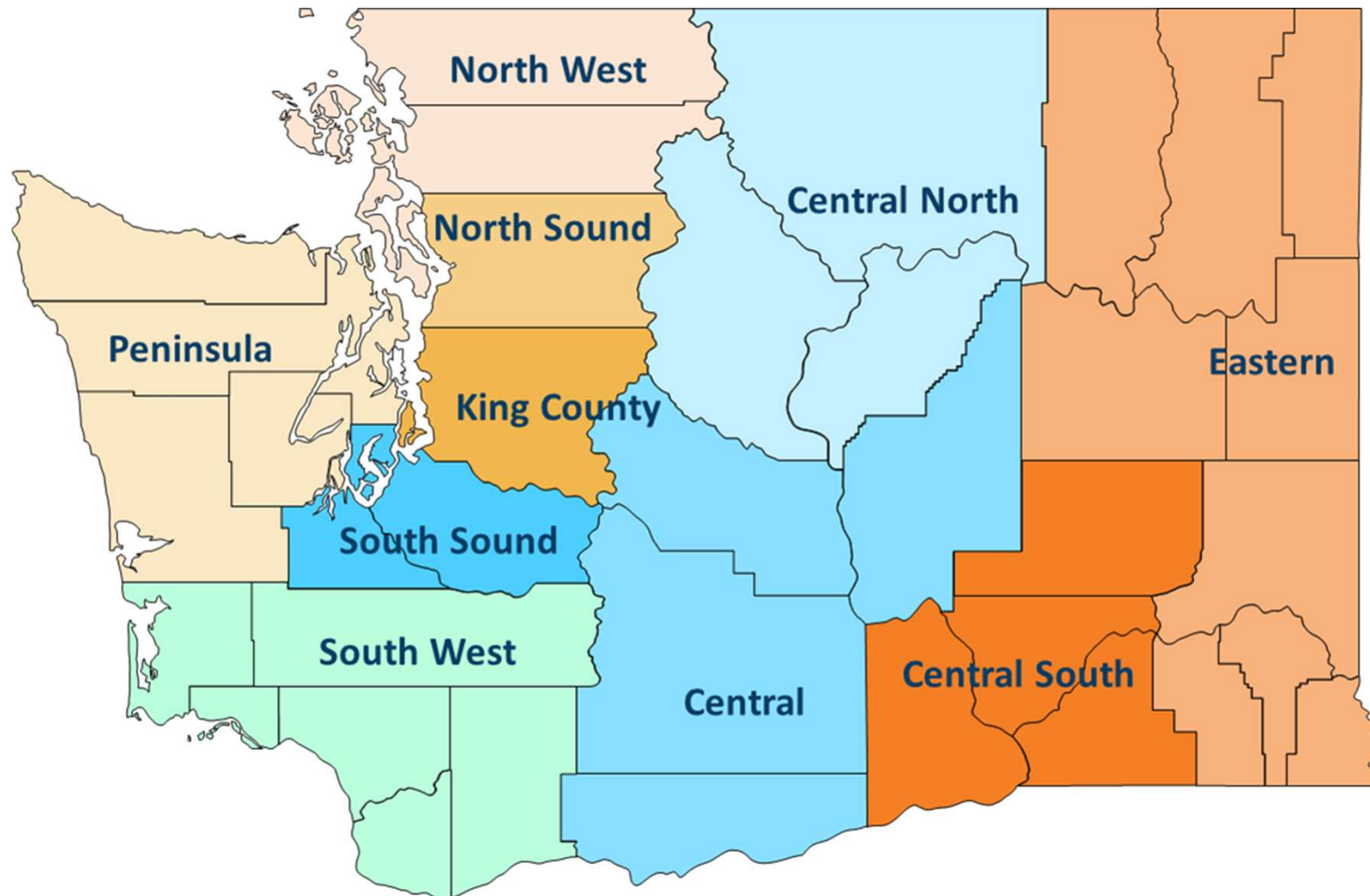


FIRST is...building the pipeline for our communities economies

- Local employers want local talent to hire
 - *FIRST* teams are local, pooling talent from educators and industry.
 - Career Connected/Project Based learning for every kid across every community.
 - Foundational commitment to equity and access
- *More Than Robots*SM
 - Equipping students with real-world skills, including digital literacy, teamwork, leadership, creative problem solving, and time/project management
 - Helping students channel their curiosity, think critically, and seek ways to improve the world around them

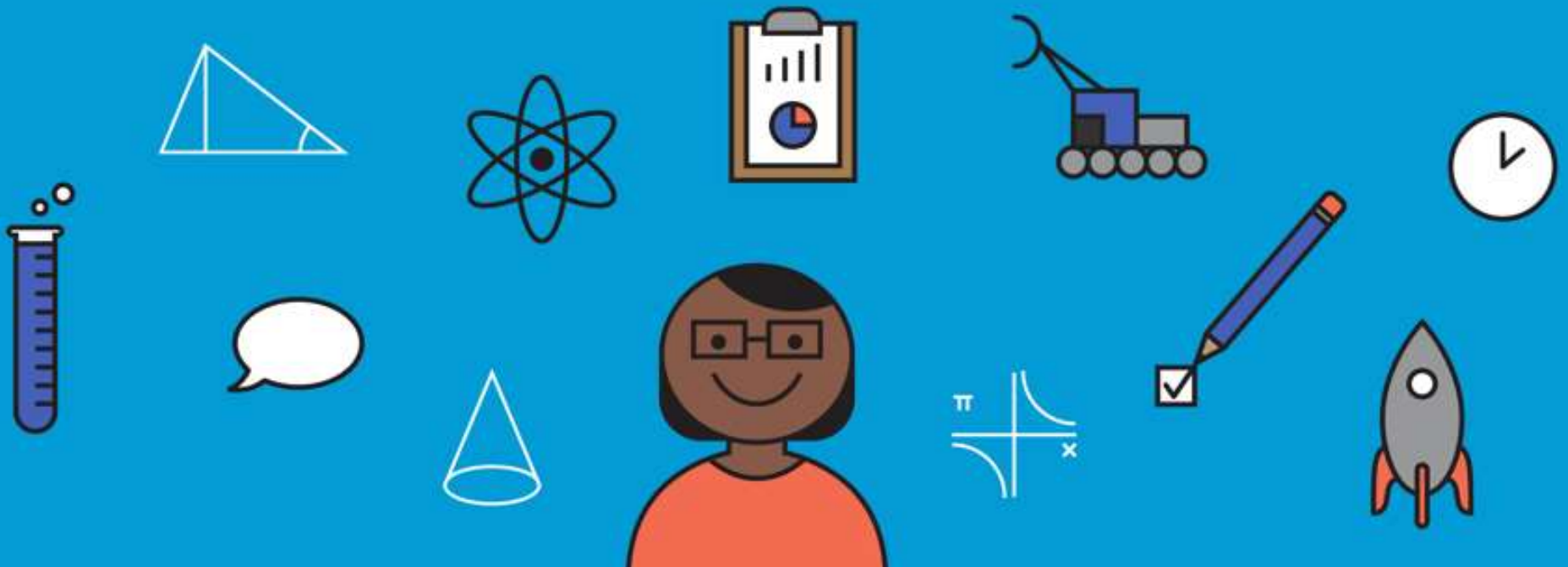


***FIRST* Washington Regions almost align with 9 ESD's**





THE IMPACT



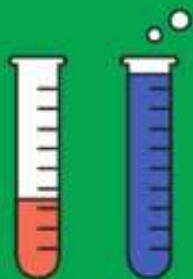
Substantial Increase in STEM **INTEREST**



FIRST® participants are
**SIGNIFICANTLY
MORE LIKELY** to
show gains in interest in:

- ✓ STEM
- ✓ STEM CAREERS
- ✓ UNDERSTANDING OF STEM

(than a matched comparison group of students)

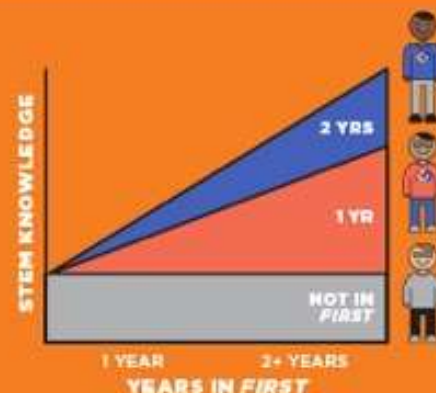


**THEY ARE
OVER
2X**

**as likely to show gains
in their interest of STEM**

(than a matched comparison group of students)

Substantial Increase in STEM **UNDERSTANDING**



STEM KNOWLEDGE CONTINUES TO GROW THE LONGER YOU STAY

Students who persist in *FIRST* for more than one year show significantly greater gains than those who left after a single year.



THE IMPACT ON GIRLS IS SIGNIFICANT

Females in *FIRST* have a dramatically increased understanding of STEM compared to females in the comparison group.

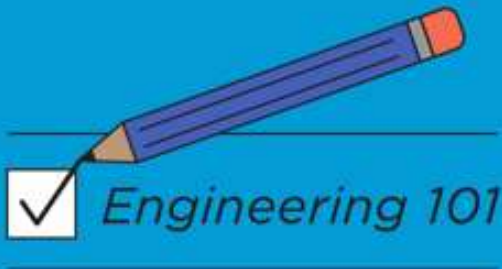
FIRST Alumni Are Ready for a STEM **CAREER**

FIRST ALUMNI ARE

2.6x

more likely to enroll in an
ENGINEERING
course their freshman year

(than a matched comparison group of students)



OVER 75%

of FIRST Alumni are in a
**STEM FIELD AS
A STUDENT OR
PROFESSIONAL**

GAINS IN WORKFORCE SKILLS:



COMMUNICATION

76% of students
reported gains



CONFLICT RESOLUTION

93% of students
reported gains



TIME MANAGEMENT

95% of students
reported gains



PROBLEM-SOLVING

98% of students
reported gains

2019-2020 *FIRST* Progression of Programs



FIRST LEGO League Jr.



FIRST LEGO League



FIRST Tech Challenge



FIRST Robotics Competition



Ages 6-10 (Grades K-4)

Teams of up to 6 kids build interest in science with a real-world scientific challenge solved by guided research and imagination. Program offered afterschool (Expo) and in-classroom (non competitive).



2019-2020 Season

- Introduction to science and technology
- Build a Challenge-related model that moves using LEGO® Education WeDo 2.0 technology
- Create a *Show Me* poster and practice presentation skills
- Explore challenges facing today's scientists
- Discover real-world math and science
- Engage in team activities guided by *FIRST* Core Values

Ages 9-16 (Grades 4-8)*

**Ages vary by country*

Teams of up to 10 kids build LEGO[®]–based robots and develop research projects based on real-world scientific challenges. Program offered afterschool (competitive) and in-classroom (non competitive).



**CITY
SHAPER**



2019-2020 Season



- Create innovative solutions to challenges facing today's scientists
- Strategize, design, build, program and test an autonomous robot using Challenge-related model using LEGO® MINDSTORMS® technology
- Apply real-world math and science concepts
- Develop career and life skills
- Become involved in their local and global community

Ages 12-18 (Grades 7-12)

Teams of 15 (avg. 10) students develop strategy, design and build sophisticated robots using a modular kit-of-parts, then compete head to head. Program offered afterschool (competitive) and in-classroom (non competitive).



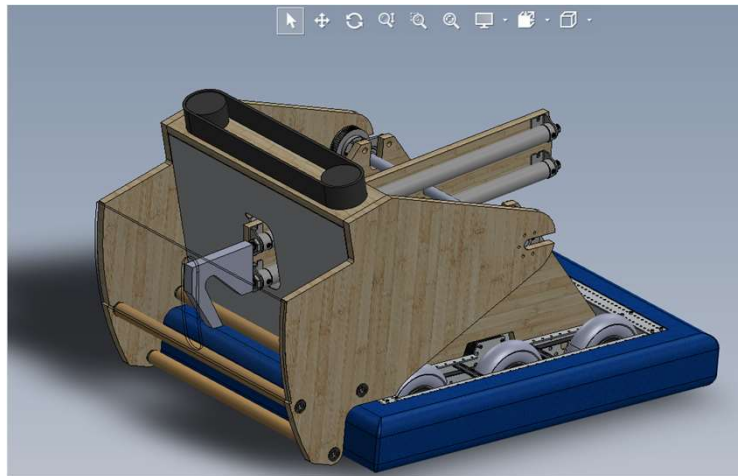
- Head-to-head competition using a sports model
- Teams design, build, and program robots based on sound engineering principles
- Reusable platform, powered by Android technology, programmed using java or Blockly
- Develop strategic problem-solving, organization, team-building skills
- Awards for competition, community outreach, design
- Qualify for >\$80 million in scholarships

Video Link:

<https://www.youtube.com/watch?v=cJyrqmgfNZ4>

Ages 14-18 (Grades 9-12)

Teams of 28 (average) or more students compete with 120-pound robots in this Varsity *Sport for the Mind*,™ combining the excitement of sports with the rigors of science and technology.



FIRST
POWER
UP 

2018 Season

- Strict rules, limited resources, time limits
- Students mentored by professional engineers
- Learn and use sophisticated hardware and software
- Build and compete with robots of their own design
- Develop design, project management, programming, teamwork, strategic thinking, and *Coopertition*® skills
- Qualify for >\$80 million in scholarships

Who is *FIRST*® For?

- For students (grades K-12, ages 6-18):
the hardest fun you'll ever have
- For mentors, coaches, and volunteers:
the most rewarding adventure you'll ever undertake
- For sponsors/donors:
the most enlightened investment you could ever make

Industry Volunteers

Volunteer share their professional skills:

- Programming and coding
- Building
- Project/time management
- Community outreach
- Budgeting and forecasting
- Presentation coaching
- Marketing, communication, public relations, social media etc.



Help Build Our State's Workforce Pipeline

- *FIRST* is a perfect private/public partnership
- Call/email – ask how you can bring *FIRST* programs to your school/community

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